

Chatting About Chores

Directions

1. Explain to your child that a chore is a task or job done in a home. Examples of chores are doing laundry and washing dishes. Children who do chores learn about responsibility and important life skills.
2. You can say, "You're part of our family team, and your chores help the whole team."
3. Talk with your child about the types of chores that you think he or she is ready to take on. Consider everyday chores like making the bed. Also, consider chores that are done as needed such as folding and putting away laundry.
4. Use the Chore Chart below to list chores for your child in the first column. For each chore, put an X in either the Every Day column or the As Needed column.
5. Cut out the Chore Chart and put it in the kitchen at your child's eye level so he or she can check it every day.

Example

Chore Chart

____ Maya ____'s Chore Chart

Chore	Every Day	As Needed
Make my bed.	X	
Pick up my room.	X	
Set the table.	X	
Clear the table.	X	
Help fold laundry.		X
Help bring in groceries.		X

Chore Chart

[illegible]